

# REGISTRATION FORM

## ADVANCED TECHNIQUES IN FACIAL REJUVENATION

November 20-21, 2009

PLEASE PRINT CLEARLY!  
CME Certificate accuracy is dependent on legibility.

Name \_\_\_\_\_

Degree \_\_\_\_\_ Specialty \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_


Fax \_\_\_\_\_

E-mail \_\_\_\_\_ Date-of-birth \_\_\_\_\_

All confirmations will be sent via email - PLEASE WRITE LEGIBLY. CME Tracking requirement.

**Tuition Fees** Course # P112009

- \$2095 Physician Fee
- \$1125 Fellows/Residents/USA Military Fee *(Letter of verification required)*

 **Special Needs** *(Please indicate any special needs (i.e. dietary, etc.))*

\_\_\_\_\_

**Method of Payment** Make check payable to "Saint Louis University".

Check Enclosed

OR

Charge        

Account Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Cardholder's Address *(if different than participant)* \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Signature \_\_\_\_\_

**Mail completed registration to:**  
 Practical Anatomy & Surgical Education, Attn: Course Coordinator, 3839 Lindell Blvd., St. Louis, MO 63108 USA  
**Phone:** 314-977-7400 **Fax:** 314-977-7345 **E-mail:** pa@slu.edu **Website:** http://pa.slu.edu

# FACULTY

- L. Mike Nayak, MD - Course Director**  
 Clinical Assistant Professor of Facial Plastic Surgery  
 Saint Louis University School of Medicine  
 Nayak Plastic Surgery and Skin Enhancement Center, St. Louis, MO
- Alexis Verpaele, MD - Honored Guest**  
 Co-Director, Coupure Centre for Plastic Surgery  
 Assistant Clinical Professor, Ghent University Hospital, Ghent, Belgium
- Dominic Brandy, MD**  
 Medical Director, The Skin Center, Pittsburgh, PA
- Gregory Branham, MD, FACS**  
 Associate Professor and Chief, Facial Plastic Surgery  
 Washington University School of Medicine, St. Louis, MO
- Angelo Cuzalina, MD, DDS**  
 Tulsa Surgical Arts, Tulsa, OK
- Frank Fechner, MD**  
 Facial Plastic Surgery, Worcester, MA
- Mark Glasgold, MD, FACS**  
 Associate Professor of Surgery, UMDNJ-Robert Wood Johnson Medical School  
 Glasgold Group Plastic Surgery, Highland Park, NJ
- Robert Glasgold, MD**  
 Assistant Professor of Surgery, UMDNJ-Robert Wood Johnson Medical School  
 Glasgold Group Plastic Surgery, Highland Park, NJ
- Efrain Gonzalez, MD, FACS, FAACS**  
 Cosmetic, Surgical, and Laser Center, Rocklin, CA
- Jill L. Hessler, MD**  
 Premier Plastic Surgery, Adjunct Clinical Assistant Professor  
 Stanford University, Palo Alto, CA
- James Koehler, MD**  
 Tulsa Surgical Arts, Tulsa, OK
- Samual M. Lam, MD, FACS**  
 Director, Lam Facial Plastic Surgery Center & Hair Restoration Institute, Plano, TX
- Joe Niamtu, III, DMD**  
 Cosmetic Facial Surgery, Richmond, VA
- Frank Simo, MD**  
 Director, Facial Plastic & Cosmetic Surgery Center, St. Louis, MO  
*Faculty subject to last minute change.*

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**SAINT LOUIS UNIVERSITY**  
 Practical Anatomy & Surgical Education  
 3839 Lindell Boulevard  
 St. Louis, MO 63108-3413



AN INTENSIVE  
 HANDS-ON WORKSHOP  
**ADVANCED  
 TECHNIQUES  
 IN  
 FACIAL REJUVENATION**  
 November 20-21, 2009

AN  
 INTENSIVE  
 HANDS-ON CADAVER WORKSHOP  
**ADVANCED TECHNIQUES  
 in FACIAL REJUVENATION**

**Course Director:** L. Mike Nayak, MD  
**Honored Guest:** Alexis Verpaele, MD  
 Coupure Centrum, Ghent, Belgium



**NOVEMBER 20-21, 2009**  
 ST. LOUIS, MO USA



## SCHEDULE and LECTURES

FRIDAY, NOVEMBER 20, 2009

7:00 am	Registration and Continental Breakfast	
7:30 am	Welcome Announcements	<i>L. M. Nayak</i>
7:45 am	<b>LECTURE/3-D DEMONSTRATION</b> Facial Implants	<i>J. Niamtu</i>
8:30 am	<b>LECTURE/3-D DEMONSTRATION</b> Endoscopic Browlift	<i>A. Cuzalina</i>
9:15 am	BREAK and EXHIBITS	
9:45 am	<b>LECTURE/3-D DEMONSTRATION</b> Open Browlift	<i>F. Fechner</i>
10:30 am	<b>LECTURE/3-D DEMONSTRATION</b> Fat Transfer Techniques	<i>S. Lam, M. Glasgold</i>
11:15 am	<b>LECTURE</b> Ablative Resurfacing as an Adjunct to Surgical Treatment of Aging Face	<i>L. M. Nayak; F. Fechner</i>
12:00 pm	LUNCH and EXHIBITS	
12:45 pm	<b>Hands-On Cadaver Lab Session</b> <ul style="list-style-type: none"><li>• Endoscopic Browlift</li><li>• Open Browlift/Implant Techniques</li></ul>	<i>All Faculty</i>
2:30 pm	BREAK and EXHIBITS	
2:45 pm	<b>Hands-On Cadaver Lab Session</b> <ul style="list-style-type: none"><li>• Complementary Fat Grafting</li><li>• Browlifting (<i>cont'd.</i>)</li></ul>	<i>All Faculty</i>
4:30 pm	Adjourn	
6:30 pm	Social Reception	



SATURDAY, NOVEMBER 21, 2009

7:00 am	Sign-In and Continental Breakfast	
7:20 am	Welcome and Introduction	<i>L. M. Nayak</i>
7:30 am	<b>LECTURE/3-D DEMONSTRATION</b> MACS Lift	<i>A. Verpaele</i>
8:15 am	<b>LECTURE/3-D DEMONSTRATION</b> SMAS Facelift	<i>J. Niamtu</i>
9:00 am	<b>LECTURE/3-D DEMONSTRATION</b> Deep Plane Facelifting	<i>M. Glasgold</i>
9:45 am	BREAK and EXHIBITS	
10:15 am	<b>LECTURE/3-D DEMONSTRATION</b> Advanced Submentoplasty	<i>L. M. Nayak</i>
11:00 am	<b>LECTURE/3-D DEMONSTRATION</b> Fogli Minimally Invasive Browlift	<i>A. Verpaele</i>
11:45 am	LUNCH and EXHIBITS	
12:30 pm	<b>Hands-On Cadaver Lab Session</b> SMAS Facelift and MACS Lift	<i>All Faculty</i>
2:15 pm	BREAK and EXHIBITS	
2:30 pm	<b>Hands-On Cadaver Lab Session</b> Deep Plane Facelift and Advanced Submentoplasty	<i>All Faculty</i>
4:00 pm	<b>Panel Discussion</b> Clinical Questions and Answers Participant Cases Welcome	
4:45 pm	WORKSHOP ADJOURNS	

## CONTINUING EDUCATION

### FACULTY DISCLOSURE POLICY

It is the policy of Saint Louis University School of Medicine to insure balance, independence, objectivity and scientific rigor in its continuing medical education program. Faculty participating in these activities are required to disclose to the audiences prior to the activity the following:

- (1) The existence of any significant financial or other relationship with the manufacturer of any commercial product or provider of any commercial service discussed.
- (2) Their intention to discuss a product that is not labeled for the use under discussion.
- (3) Their intention to discuss preliminary research data.

### VALIDATION OF CONTENT

Saint Louis University School of Medicine follows the ACCME policy on Validation of Content for CME activities which requires that:

- All recommendations involving clinical medicine must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.
- All scientific research referred to, reported or used in CME in support or justification of a patient care recommendation must conform to the generally accepted standards of experimental design, data collection and analysis.

Saint Louis University School of Medicine will review this activity's disclosures and resolve all identified conflicts of interest, if applicable.

## GENERAL INFORMATION

### WORKSHOP LOCATION

This workshop will be conducted at the PASE Learning Center located at 3839 Lindell Blvd., St. Louis, MO 63108-3413.

### CANCELLATION POLICY

Cancellations received three weeks prior to the course will be refunded less a 10 percent processing fee. The conference is not responsible for travel expenses incurred. In the event the conference is cancelled, the tuition fee and flight transfer fee (*original receipt required*) are reimbursable.

### PLEASE NOTE

If you have NOT received confirmation of registration prior to your departure, contact Practical Anatomy. Registration cannot be processed until full payment is received. Practical Anatomy is not responsible for expenses incurred by individuals who are not confirmed and paid-in-full.

### ACCOMMODATIONS

For the convenience of our attendees, a block of discounted rooms has been set aside at the following hotels. Shuttle transportation will be provided between the hotel and workshop site each day.

**Chase Park Plaza** – \$155 - One Bedroom Suite  
212 N. Kingshighway, St. Louis, MO 63108  
Phone: (877) 587-2427 Fax: (314) 633-3003  
Website: <http://www.chaseparkplaza.com>

**Water Tower Inn at Saint Louis University** – \$75  
*Please mention "Practical Anatomy" to receive discount*  
3545 Lafayette Ave., St. Louis, MO 63104  
Phone: (314) 977-7500  
Fax: (314) 977-7505  
Website: <http://www.slu.edu/events/wti.html>

For information on alternative hotels, contact the Course Coordinator.

Make reservations directly with the hotel. Room reservations are NOT made through the Practical Anatomy office. Do not make airline reservations until you have received written confirmation of placement in the workshop.

### SOCIAL RECEPTION

A social reception is planned for Friday, November 20, 2009. Participants are welcome to enjoy this special time to visit with fellow participants, faculty, and vendors at no additional cost. If you wish to bring a guest there will be an additional charge.

Please plan to attend this social reception before dinner. There are several restaurants within walking distance if you would like to make dinner plans in the area. Transportation will be provided to and from the social reception from the course hotels.

### CONTINUING EDUCATION

Saint Louis University School of Medicine designates this educational activity for a maximum of 15.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This course has been designated as Level 1 (Verification of Attendance) of the AMA's Credit Designation for New Procedures and Skills. Completion of this course does not certify the participant in their proficiency of the skills.

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for *AMA PRA Category 1 Credit(s)*<sup>™</sup>.

### ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## EDUCATIONAL OBJECTIVES

This workshop has been designed to provide plastic surgeons, facial plastic surgeons and cosmetic surgeons with an overview of contemporary surgical rejuvenation of the aging face. Special attention has been directed toward restoring youthful volumes and contours to the aging face and neck using proven, predictable techniques. The participants will have the opportunity to learn and enhance their skills in a variety of procedures on the brows, midface, lower face and neck. By completing this workshop, participants will learn state of the art techniques in the following procedures:

- open, minimally invasive, and endoscopic browlifting
- restoring facial balance through alloplastic implants and autologous fat transfer
- minimally invasive, SMAS and deep plane facelifting
- advanced treatment of the aging neck
- full field skin resurfacing

The objectives will be met in part by performing the procedures on specially prepared cadavers. The cadavers used are extremely flexible and "life-like". Two surgeons per cadaver station.

**MISSION STATEMENT:** Practical Anatomy and Surgical Education, Center for Anatomical Science and Education, Saint Louis University School of Medicine, is dedicated to the development and presentation of innovative medical health and science workshops. Practical Anatomy strives to promote the concept of lifelong learning by utilizing the latest technology to connect young people, residents, healthcare professionals and surgeons, to world-class experts and faculty.



## SAVE-THE-DATE! CRANIOFACIAL SURGERY and TRANSFACIAL APPROACHES to the SKULL BASE

December 5-6, 2009

Course Director: James T. Goodrich, MD, PhD

and

## Part I: ADVANCES in COSMETIC BLEPHAROPLASTY PART II: MINIMALLY INVASIVE REJUVENATION PROCEDURES

January 22-24, 2010

*please visit our website at: <http://pa.slu.edu>*