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IT'S TIME TO DO SOMETHING FOR YOURSELF!

by Joe Niamtu, III, DMD

The new year is a great time to finally do that cosmetic facial procedure you've always thought about but keep putting on the back burner. You do so much for others, let's make 2017 the year you do something for yourself!

WHAT'S NEW IN COSMETIC FACIAL SURGERY?

Procedures have become much easier with advances in techniques, materials and anesthesia. They can now be safely and more cost effectively performed in accredited in-office surgery centers like mine, with a higher level of comfort and privacy. My goal is to help patients look as good as they can for their age, but not like they did in high school! The end result should be a natural, healthy appearance.



WHAT ARE THE MOST COMMON PROCE-DURES?

Eyelid surgery, facial resurfacing (laser and chemical peels), and facial implants are the most common procedures for patients in their 40s. As patients enter the fifth and sixth decade they become candidates for face and neck lifts. It's very common for patients to combine multiple procedures such as a brow lift, eyelid surgery, laser resurfacing, and face and neck lifts. The advantage of combining procedures is that everything is accomplished with a single anesthetic, combined recovery period, and time off. Generally face and neck recovery is about 2 weeks regardless of how many procedures are performed.



WHAT IS YOUR EXPERIENCE?

Facial surgery has always been my passion in life. I've been doing it for 32 years, and a quick visit to my website, *lovethatface.com*, will access over 7,000 examples of my work. I teach and lecture around the world, but the accomplishment for which I am most proud, is being voted Best Cosmetic Surgeon by my awesome patients for the past 15 years.

If you're ready to do something for yourself this year, I invite you to come in for a personal consultation. We can discuss your individual needs and options. Almost all of my patients say the same thing... they wish they had done it sooner!



Dr. Joe Niamtu is a Board Certified oral and maxillofacial surgeon who specializes in cosmetic facial surgery. He has been in practice in Richmond for over 32 years, and is consistently voted "Best Cosmetic Surgeon" by local magazine readers.

To find out if cosmetic facial surgery is right for you, call Dr. Niamtu at 934-FACE (3223) to schedule a personal consultation, or go to *lovethatface.com*.







