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**NEWYOU | SPRING 2011** 

## GREEN

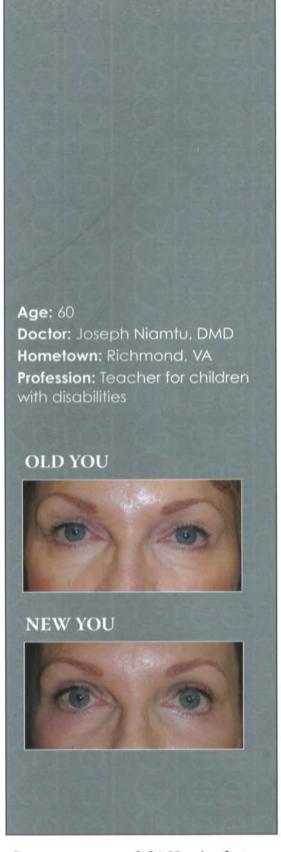
Karol weighed her options and went with Dr. Niamtu. She chose him based on recommendations, his reputation and the experience she had during the consult. "He laid it all out for me. We talked about an eye lift and non-surgical options and what the results would be. He recommended bleph surgery, but he wanted me to make the decision and not feel pressured," she says. A month later, Karol scheduled a bleph for both the upper and lower eyelids.

Dr. Niamtu performed the surgery, taking out the excess skin and fat pockets, and then passed a laser on the lower lids to smooth and tighten the loose skin. Three hours after the procedure, Karol had minor pain (she took Tylenol to alleviate it), and went home with red, swollen eyes that were noticeably bigger, like the ones of her youth.

Karol was back at work after a week of resting with concealer covering up the redness. It took three weeks for her eyes to look beautiful, she says, and it's been a string of compliments ever since.

"About a month after, someone stopped me at work and told me I looked wonderful. People have been telling me that I look younger. The woman at Sephora couldn't even see my upper eyelid scar and wanted to know who my doctor was," she adds.

Her vision has improved as well. But what's had the most impact is that the naturally younger look has reinvigorated Karol in a way she could have never imagined. "It's amazing for your spirit," she says. "I got an eye lift and a lift on life, too."



Got your eye on a lift? Here's what you need to know before your bleph: www.newyoumag.com

