



Hello, thank-you for considering Cosmetic Facial Surgery and Dr. Joseph Niamtu III, DMD. We are very excited to meet and get to know you. We know that cosmetic surgery is a very personal and thought out decision. That is why we strive to be the very best at what we do, help in any way we can, and always treat you as family.

We see people from all over the state of Virginia as well as from all over the world. We are fully equipped and prepared with handling out of state and out of country patients. We understand circumstances are different for those who choose to travel to visit us. We appreciate your willingness and confidence in our practice and Dr. Niamtu. We want you to know that we are here to help and are willing to go the extra mile to ensure an easy and uninterrupted visit. Your initial in person Evaluation and surgery are held at our Surgery Center in Midlothian, VA. Our Surgery Center is AAAHC certified and we function just as a hospital. We have all the same regulations as well as having two operating rooms, PACU, and a trained nursing staff.

Along with this letter you will find our Out of State/Country Patient Information Packet very informative and helpful. Every person has a different circumstance, and we will work with you on that. If there are any additional questions or concerns about any of the information you find in here, please feel free to contact the office. We are here to help you. We want our patients to be educated and comfortable.

We appreciate your time and look forward to hearing from you.



### **Cosmetic Facial Surgery Out of State or Country Patient Protocol**

- 1) Your Consultation will be done via phone and/or email
  - a) We will need to know what you are interested in, your goals, what you are trying to obtain, and any pertinent information
- 2) Photo's must be sent *prior* to booking your surgery date
  - a) We need certain pictures depending on what the surgery that you are interested in is
    - i) Generally speaking, we need a front view,  $\frac{3}{4}$  View on both sides, and a profile/side view of both sides
    - ii) If this is for lip reduction, we also need a picture of you smiling
    - iii) Please let us know if you need any help getting clear pictures
  - b) This allows us to start assessing what exactly we will be doing
- 3) You must fill out the Online Registration *prior* to booking your surgery date
  - a) Follow this link and fill out the "Patient Registration Form"  
<http://www.lovethatface.com/forms/patient-registration.html>
  - b) Hit submit when finished
  - c) Please explain in detail any answer that you check "Yes" to.
  - d) Please be sure to include any vitamins or supplements you are taking.
- 4) There is a *Non-Refundable Deposit* to book your surgery date
  - a) It is a \$500 *Non-Refundable Deposit* for a surgery done under Local Anesthesia
  - b) It is a \$1500 *Non-Refundable Deposit* for a surgery done under IV Sedation or General Anesthesia
  - c) This is applied toward your balance for surgery
- 5) Certain procedures *require* certain clearance *prior* to surgery
  - a) This may include any one or all of the following:
    - i) History and Physical, EKG, Chest X-Ray, labs (CBC, COAGS, HIV, HepC)
    - ii) This would be at your expense
      - (1) Please check with the Surgical Coordinator for what you need to have done.
- 6) There are certain prescriptions that you will have to start taking 24 – 48 hours prior to your surgery date.
  - a) We will need to know what pharmacy you would like us to phone them in to.
- 7) You will need to arrive in to Virginia 48 hours prior to Surgery Date
  - a) You can fly in any time this day
  - b) Exceptions can be made for LOCAL surgeries ONLY depending on the type of surgery.
    - i) Please speak to the Surgical Coordinator regarding this.
- 8) Your Evaluation and Pre-Op Appointment is 24 hours prior to your Surgery Date
  - a) Your *Remaining Balance* is due at this appointment

- 9) IV Sedation and General Anesthesia Surgery: The day of surgery, you need to have a *capable ride* from surgery as well as a *capable care giver!*
- a) This can be the same person
  - b) You will not be able to drive yourself anywhere after surgery.
  - c) A taxi does NOT count as a capable ride
  - d) If you will not be bringing anyone with you, we can provide you with the name of 2 people that our practice works with. Either would be able to take care of this for you.
    - i) They both have their own set fees
    - ii) They can pick you up from the airport and be your ride for surgery
    - iii) One woman will even let you stay at her home if you would prefer
      - (1) That is 24 hour care
      - (2) She will help with food, transportation, and other necessary things.
    - iv) Please let us know if you are taking this route, as it is your responsibility to set this up

10) When are you free to head back home?:

- a) 24 – 48 hours after your Surgery Date for smaller procedures
- b) 3 – 10 days after your Surgery Date for more invasive procedures
  - i) Please check with the Surgical Coordinator or Nurse for exact details for your surgery
- c) This is to make sure everything is healing properly

11) Post-Op Appointments and Pictures

- a) We will follow up via phone and email to check the status of your recovery
- b) We will need clear post-op pictures sent via email
  - i) We will need the same poses as done pre-operatively
    - (1) Front View, both  $\frac{3}{4}$  views, both side/profile views, and any additional views specified
  - ii) We will need these follow up photos at the following times:
    - (1) 2 Weeks Post Op (unless seen in office)
    - (2) 1 Month Post Op
    - (3) 3 Month Post Op
- c) We will be available and communicating throughout your recovery
  - i) Please leave us with the best email address and telephone number for you to be reached at

## Travel Information

- 1) Please feel free to visit our website with information as well as the below information:
  - a) <http://www.lovetheface.com/contact-cosmetic-surgeon-richmond-va/out-of-town-patients.html>
- 2) You can fly in to Richmond International Airport
  - a) It is approximately 30 Minutes from the office
  - b) You can rent cars there or arrange a taxi
- 3) There are several Hotel choices on all different levels ranging from Economy to Luxury
  - a) The Jefferson Hotel or the Berkley Hotel are at the top and about 25 minutes away
  - b) The Hampton Inn, Sheraton Park South and the Holiday Inn on Koger Center are most frequently used and very nice with a more reasonable price range. They are about 10 minutes away
  - c) The LaQuinta Inn is the closest at about 5 minutes away
- 4) For Driving Directions to the hotel please contact the office or try using Bing Maps or MapQuest

As for Travel Fun, here are some good ideas of local and surrounding activities and cities.

### **Richmond, VA**

- Lodging Ideas: There are more than the listed, so if you would like additional help with this, please let me know. <http://www.lovethatface.com/contact-cosmetic-surgeon-richmond-va/hotels-lodging.html>
- <http://www.richmondgov.com/visitor/> This is a good link to get ideas of things to do in Richmond. Downtown Richmond has Museums, Theater, Monuments, the James River, Restaurants, and Parks.
- Pony Pasture, Belle Isle, the River District, the Canal Walk/Tour, Maymont House and Park, Carytown, are just a few ideas to get you started here in Richmond.

### **Washington, D.C.** (2 ½ Hours North of Richmond)

- Unlimited Museums, Monuments, Documents, and so much more. Ford's Theater (Where President Lincoln was assassinated) is newly open for Tours. There is shopping (Georgetown is great!), good food, sightseeing, zoo's, theater and arts, history, nightlife, and so much more. If you have never been you should go!
- [http://www.thedistrict.com/places\\_to\\_go.cfm](http://www.thedistrict.com/places_to_go.cfm) This is a great website to get the feel for all the District has to offer.

### **Williamsburg, VA** (1 Hour East of Richmond)

- <http://www.visitwilliamsburg.com> Great website for all Williamsburg has to offer.
- <http://williamsburg.com> This website is good for Historic Williamsburg.
- There is Historic Williamsburg and Yorktown right in Williamsburg where everything (Including the people, food, housing) is set to settlement age. There is also an outlet mall, pottery, shopping, dining, and beaches.
- Jamestown is just a few minutes from Williamsburg.
  - <http://www.historyisfun.org> website for Jamestown!

### **Charlottesville & Shenandoah National Park, Shenandoah Valley** (2 hours + Skyline Drive Time West and North of Richmond)

- If you have an appreciation for the outdoors especially in the fall when the leaves are changing, you should do the Skyline Drive through Shenandoah National Park. This is an all day adventure if you do the whole drive. You can exit out halfway through as well. It goes all the way north to the D.C. suburb region around Haymarket, VA.
- <http://www.nps.gov/shen/index.htm>
- You could do Jefferson's Monticello and Vineyard and maybe a couple other GREAT vineyards or Charlottesville one day then head up and the Skyline Drive. From there you could go over to D.C. see some sights for a couple days and then head back down to Richmond or do Williamsburg then head over to Richmond.



## **Your Anesthesia Experience**

Anesthesia is a very important component of the cosmetic surgery experience and perhaps the most important factor. Having safe and conservative anesthesia without post anesthesia nausea is a true art form.

Since we are a fully accredited surgery center, we use only the most qualified anesthesia providers. All of our anesthesiologists are board-certified physician anesthesiologists and are experts in ambulatory outpatient anesthesia.

99% of our anesthetic procedures are IV sedation which is very similar to the type of anesthesia given with colonoscopy or oral surgery. This technique is extremely safe and most patients do not require general anesthesia to the extent that is performed in the hospital environment. This means a pleasant procedure with fast sleep, fast recovery and faster discharge. The anesthesia fee is reasonable and is a bargain for the level of care provided by our anesthesiologists. It is important that the patient understands that the actual fee is paid to the anesthesiologist and not our office. The anesthesia fee is separate from the surgical fee and constitutes a specialized service. The anesthesia fee is frequently billed for a time period that is actually longer for the procedure. For instance, a facelift may take 2.5 hours, but the anesthesia may reflect 4 hours. Anesthesiologists begin their charges when they evaluate the patient and continue the charge until they leave the office. This includes the pre anesthesia time, the actual anesthesia and reasonable recovery time.

It has been said that one should never look for a bargain in parachutes, fire extinguishers, seat belts or anesthesia services. All of our anesthesiologists work or have worked at local hospitals and surgery centers and are among the best in the region. I have had these same anesthesiologists provide anesthesia for me, my family and staff and we are lucky to have anesthetic staff with such expertise.

It is important for patients to realize the fact that anesthesia is not surgery and vice versa. You are paying for a very important service that is critical for safe surgery.

Joe Niamtu, III DMD

*Joe Niamtu, III, D.M.D.*  
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**History and Physical Examination**

(All Results to be FAXED back to office)

<b>Chief Complaint:</b>						
<b>HPI:</b>						
<b>PMH:</b>	Serious Illnesses		Past Hospitalizations			
Allergies	NKDA		Anesthetic Problems			
Medications & Dosages:						
<b>Family Hx:</b>	Non-contributory					
<b>Social Hx :</b>	Tobacco	PPD	ETOH	Social	Drugs	
<b>Review of Systems:</b>						
N V D C TEMP SOB DOE WEAK RESP HA SEZ TIN DIPLOP SYNC CLAUD VERT Chest Pain Blood S/U/Sputum GI GU ENDO HEME VASC NEURO RHEUM PSYC DERM						
<b>General Appearance:</b>	WDWN			NAD		
<b>VS:</b>	BP	R	T	P	WT	HGT
<b>HEENT:</b>	NC/AT PERRL EOMI ENT (neg) Thyroid (neg) Neck (supple, FROM, Bruits) Oral (wnl)					
<b>Heart:</b>	RRR w/o M,C,G,R		NL S1,S2			
<b>Lungs:</b>	CTA Bilat w/o R,R,R			CVA Tend (neg)		
<b>Abd:</b>	Non-tender	Non-distended	w/o Organomegally	w/o Rebound Tend	NBS	
<b>Adenopathy:</b>	w/o Cervical, Axillary,					
<b>Breast/ Genitalia:</b>	Deferred	LMP	G	P	A	M
<b>Extremities:</b>	w/o CCE		= Bilat grip	NI Gait		
<b>Neuro:</b>	A&OX3	CNX-XII	Grossly Intact	Motor WNL	Sensory WNL	
<b>Impression:</b>	Stable for elective outpatient general anesthesia and cosmetic Surgery					
YES	NO	Conditional				
<b>Please perform:</b> H&P CBC EKG(50+) CXR(60+) COAGS HIV HEP C						
<b>Signature:</b>						
<b>Date:</b>						