

Dr. Niamtu,

I was sexually abused, by 3 different people, starting when I was 4 and ending when I was 39. I did try to tell someone but I was accused of lying. I tried again when I was 16 and was accused of lying. I learned to just shut up and let whatever happened happen. I was ashamed. I would not talk to anyone at school. I just basically stayed to myself. I began to realize that I was a walking piece of trash that should not even be alive. I did try to commit suicide but was unsuccessful. I also learned just to let people do whatever they wanted to me because I just wasn't worth it. To me, my life was normal. Somehow I deserved everything I was getting. I started drinking to numb the pain. I just went through the motions day to day.

In 2002 I met Helena Nyman. We started talking a little and she could sense something was wrong. I eventually told her the whole story. She said the magic words I BELIEVE YOU. She was the first and only person to ever say that to me and boy did my life turn around. We talked a lot, cried a lot, and became best friends. While I still have tough times people who knew me earlier life don't even recognize me now. They constantly tell me I am a totally different person.

My dream is to work with other abuse victims. I want to let them know that life is worth living and EVERY person has a right not to go through something like that.

My draw back is when I look in the mirror all I see are the moles on my face. When people talk to me they are constantly looking at my face.

You removed all the moles on my face and I can't tell you how much it has changed me. I actually see a human being when I look in the mirror. Everyone tells me my eyes are brighter and I just have a different look about. I even carry myself differently. Now when I speak to abuse victims I can hold my head even higher. I am NO LONGER ASHAMED to look people in the face and I never look down when I walk anymore.

Thank you for being a part of this and helping me to achieve such a milestone in my life.

Regards,
Jackie Davis